



CRUSH  
**60 MINS**  
EVERY DAY

FREE help through lockdown with our

**FREE**

## Lockdown Activity Packs 3.0.

P1 - P7

- PE Videos
- Daily Mile
- Emotional Wellbeing
- Sports Specific Challenges (Rugby, Soccer, Gaelic Games)

***Our best yet!***



Crush the 60 minutes of physical activity, tracked and rewarded using our FREE Healthy Kidz Virtual Buddy App



**FREE**

Register every child online  
[www.healthy-kidz.com](http://www.healthy-kidz.com)

Term 3 Sports Day coming next...

SPAR



EUROSPAR



VIVO



VIVOXTRA



VIVO

Essentials