

ST John the Baptist PS School Lunch Menu March 22



Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot

If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form

	Monday	Tuesday	Wednesday	Thursday	Friday
 Week 1 – 01/03/22	Chicken Tortilla wrap or spaghetti bolognese, baked beans, medley of fresh vegetables, mashed potato Fresh fruit	Breast of chicken curry & rice or steak burger, naan bread, baton carrots, gravy, mashed potato, salad selection Jelly pot	Ash Wednesday Fish fingers sweetcorn, hot pasta twists, mashed potato, salad selection Vanilla ice-cream	Roast chicken or roast beef, traditional stuffing, gravy, fresh baton carrots, mashed potato, broccoli florets, Chocolate Muffin	Hot dog or homemade Margherita pizza, peas, tossed salad, chips, mashed potato Flakemeal biscuit
 Week 2 – 07/03/22	Steak burger or pasta twists with homemade tomato sauce and sliced chicken, gravy, broccoli florets, baton carrots, mashed potato Shortbread biscuit	Homemade Margherita pizza or breast of chicken curry with boiled rice & naan bread, sweetcorn, pasta twists, salad selection Fresh fruit	Fresh breaded fish goujons or chicken crumble, baked beans, garden peas, mashed potato, salad selection Jelly pot	Roast chicken or savoury mince, traditional stuffing, gravy, cauliflower cheese, fresh diced carrots/parsnips, mashed potato Muffin	Chicken nuggets or baked potato with chicken & cheese, sweetcorn, chips, baked potato, salad selection Ice-cream tub
 Week 3 – 14/03/22	Breaded fish fingers or pasta bolognese, baked beans, garden peas, mashed potato Flakemeal	Homemade salt & chilli or traditional chicken goujons, or mac & cheese, broccoli florets, mashed potato, salad selection Raspberry ripple ice-cream	Oven baked sausages or sweet & sour chicken with rice, garden peas, baton carrots, mashed or baby boiled potatoes Fresh fruit	St Patrick's Day  School closed	School closed
 Week 4 – 21/03/22	Breast of chicken curry with boiled rice & naan bread or oven baked sausage, baton carrots, garden peas, gravy, mashed potato Fresh fruit	Spaghetti Bolognese or fresh bread fish fillets, broccoli & cauliflower florets, mashed potato Jelly pot	Roast breast chicken or brown stew, traditional stuffing, gravy, diced turnip, fresh baton carrots, mashed potato Chocolate muffin	Homemade salt & chilli or traditional chicken goujons or chicken tortilla wraps, baked beans, sweetcorn, salad selection, mashed potato Flakemeal biscuit	Homemade Margherita pizza or fish fingers, sweetcorn, traditional champ, chips, salad selection Ice-cream tub
 Week 5 – 28/03/22	Breaded fish fingers or spaghetti bolognese, baked beans, medley of fresh vegetables, mashed potato Fresh fruit	Breast of chicken curry & rice or steak burger, naan bread, baton carrots, gravy, mashed potato, salad selection Jelly pot	Homemade chicken goujons or spicy chicken in a warm tortilla wrap, sweetcorn, hot pasta twists, mashed potato, salad selection Vanilla ice-cream	Roast chicken or roast beef, traditional stuffing, gravy, fresh baton carrots, mashed potato, broccoli florets, Chocolate Muffin	Hot dog or homemade Margherita pizza, peas, tossed salad, chips, mashed potato Flakemeal biscuit

Menu choices subject to deliveries, Fresh fish may contain bones
Rice, pasta and gravy can be served daily