## APRIL 2021 MENU

|          | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|----------|--|--|---|---|--|
|          | Savoury mince & onion or oriental chicken stir fry | Breast of chicken curry & boiled rice, steak burger, | Breaded cod fish fingers or Spanish meat balls with | Roast turkey, herb stuffing, gravy, cranberry     | Hot dog, sauté onions or bang bang chicken, carrot |
|          | with noodles, fresh baton                          | gravy, French green beans,                           | boiled rice, baked beans,                           | sauce, fresh carrot &                             | and cucumber sticks with                           |
|          | carrots, broccoli florets,                         | fresh diced turnip, mashed                           | sweetcorn, Mediterranean                            | parsnip, fresh savoy                              | homemade garlic dip,                               |
|          | mashed potato                                      | potato, home baked oven                              | roasted vegetables, mashed                          | cabbage, crispy oven roast                        | peas, selection of salads,                         |
| Week 1 – | Chocolate muffin,                                  | wedges   | potato  | potatoes, mashed potato                           | chips, baby boiled potato                          |
| 12/04/21 | ,  | Vanilla cookie                                       | Cheese, crackers & grapes                           | Flakemeal biscuit,                                | Ice-cream pot                                      |
|          | Breast of chicken curry &                          | Irish stew or hand breaded                           | Spaghetti Bolognese with                            | Roast breast chicken,                             | Homemade Marguerita                                |
|          | boiled rice or oven baked                          | chicken bites, gravy,                                | sliced crusty baguette, or                          | herb stuffing, gravy,                             | pizza or salt & chilli                             |
| (455)    | sausages, garden peas,                             | sweetcorn, homemade                                  | fresh breaded cod fillet,                           | cauliflower cheese, fresh                         | chicken with boiled rice,                          |
|          | mashed fresh turnip,                               | wheaten bread, broccoli                              | lemon slice and tartar, baked                       | baton carrots, crispy                             | crunchy fresh coleslaw,                            |
| Week 2 – | selection of salads,                               | florets, mashed potato                               | beans, carrot & cucumber                            | oven roast potatoes,                              | tossed salad, beetroot                             |
| 19/04/21 | mashed potato                                      | Shortbread biscuit,                                  | sticks, selection of salads,                        | mashed potato                                     | salad, traditional champ,                          |
|          | Chocolate cookie                                   | yoghurt or fruit                                     | mashed potato                                       | Fruit muffin                                      | chips  |
|          | 0 1 1 1  | 0 1 1 11   | Jelly pot   | D 41 ' C 1 1                                      | Ice-cream  |
|          | Oven baked sausages or Italian pasta bake, healthy | Oven baked homemade                                  | Breast of chicken curry & boiled rice or homemade   | Roast loin of pork, apple                         | Homemade Marguerita                                |
|          | garlic bread, baked beans,                         | bread chicken goujons or spicy chicken fajita with   | cottage pie, gravy, naan                            | sauce, herb stuffing, gravy, fresh baton carrots, | pizza or salmon salad,<br>baguette, sweetcorn,     |
| ( ')     | fresh diced turnip, tossed                         | warm tortilla wrap, garden                           | bread, fresh sliced carrots,                        | broccoli florets, crispy                          | crunchy coleslaw, pasta                            |
|          | salads, mashed potato                              | peas, selection of salads,                           | medley of vegetables,                               | oven roast potatoes,                              | salad, tossed salad, chips,                        |
| Week 3 - | Flakemeal biscuit,                                 | mashed potato, selection of                          | mashed potato                                       | mashed potato                                     | chilli baby boiled potato                          |
| 26/04/21 | Tamena sistar,                                     | dipping sauces,                                      | Chocolate muffin                                    | Cheese, crackers or                               | Ice-cream pot                                      |
|          |  | Jelly pot  |   | grapes  | 1  |
| Week 4 – |  |  |   |   |  |
| Week 5 – |  |  |   |   |  |