|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **ST John the Baptist PS School Lunch Menu Jan 22****Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Week 1 – 06/01/22** |  |  |  | Fish fingers or Mac & cheese, mashed potato, baked beans, coleslaw, sweetcornChocolate Muffin | Hot dog or homemade Margherita pizza, peas, tossed salad, chips, mashed potatoFlakemeal biscuit |
| **Week 2 – 10/01/22** | Steak burger or pasta twists with homemade tomato sauce and sliced chicken, gravy, broccoli florets, baton carrots, mashed potatoShortbread biscuit | Homemade Margherita pizza or breast of chicken curry with boiled rice & naan bread, sweetcorn, pasta twists, salad selectionFresh fruit | Fresh breaded fish goujons or chicken crumble, baked beans, garden peas, mashed potato, salad selectionJelly pot | Roast chicken or savoury mince, traditional stuffing, gravy, cauliflower cheese, fresh diced carrots/parsnips, mashed potatoMuffin  | Chicken nuggets or baked potato with chicken & cheese, sweetcorn, chips, baked potato, salad selectionIce-cream tub |
| **Week 3 –** **17/01/22** | Breaded fish fingers or pasta bolognaise, baked beans, garden peas, mashed potatoFlakemeal  | Homemade salt & chilli or traditional chicken goujons, or mac & cheese, broccoli florets, mashed potato, salad selectionRaspberry ripple ice-cream | Oven baked sausages or sweet & sour chicken with rice, garden peas, baton carrots, mashed or baby boiled potatoesFresh fruit | Roast turkey or salmon fish cake, traditional stuffing, gravy, fresh carrot/parsnip, mashed potatoJelly pot | Steak burger or homemade lasagne,Sweetcorn & peas, chips, baked potato, salad selectionIce-cream tub |
| **Week 4 –** **24/01/22** | Breast of chicken curry with boiled rice & naan bread or oven baked sausage, baton carrots, garden peas, gravy, mashed potatoFresh fruit | Spaghetti Bolognese or fresh bread fish fillets, broccoli & cauliflower florets, mashed potatoJelly pot | Roast breast chicken or brown stew, traditional stuffing, gravy, diced turnip, fresh baton carrots, mashed potatoChocolate muffin | Homemade salt & chilli or traditional chicken goujons or chicken tortilla wraps, baked beans, sweetcorn, salad selection, mashed potatoFlakemeal biscuit | Homemade Margherita pizza or fish fingers, sweetcorn, traditional champ, chips, salad selectionIce-cream tub |
| **Week 5 – 31/01/22**  | Breaded fish fingers or spaghetti bolognaise, baked beans, medley of fresh vegetables, mashed potatoFresh fruit |  |  |  |  |
| **Menu choices subject to deliveries, Fresh fish may contain bones****Rice, pasta and gravy can be served daily** |



2