

ST John the Baptist PS School Lunch Menu April 22



*Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily*

*Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot*

*If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form*

	Monday	Tuesday	Wednesday	Thursday	Friday
 Week 1 – 28/03/22	Breaded fish fingers or spaghetti bolognaise, baked beans, medley of fresh vegetables, mashed potato Fresh fruit selection	Breast of chicken curry & rice or steak burger, naan bread, baton carrots, gravy, mashed potato, salad selection Jelly pot	Homemade chicken goujons or spicy chicken in a warm tortilla wrap, sweetcorn, hot pasta twists, mashed potato, salad selection Vanilla ice-cream	Roast chicken or roast beef, traditional stuffing, gravy, fresh baton carrots, mashed potato, broccoli florets, Chocolate Muffin	Hot dog or homemade Margherita pizza, peas, tossed salad, chips, mashed potato Flakemeal biscuit
 Week 2 – 04/04/22	Steak burger or pasta twists with homemade tomato sauce and sliced chicken, gravy, broccoli florets, baton carrots, mashed potato Shortbread biscuit	Homemade Margherita pizza or breast of chicken curry with boiled rice & naan bread, sweetcorn, pasta twists, salad selection Fresh fruit	Fresh breaded fish goujons or chicken crumble, baked beans, garden peas, mashed potato, salad selection Jelly pot	Roast breast of chicken or savoury mince, traditional stuffing, gravy, cauliflower cheese, fresh diced carrots/parsnips, mashed potato Muffin	Chicken nuggets or baked potato with chicken & cheese, sweetcorn, chips, baked potato, salad selection Ice-cream tub
 Week 3 – 11/04/22	Breaded fish fingers or pasta bolognaise, baked beans, garden peas, mashed potato Flakemeal	Homemade salt & chilli or traditional chicken goujons, or mac & cheese, broccoli florets, mashed potato, salad selection Raspberry ripple ice-cream	Oven baked sausages or sweet & sour chicken with rice, garden peas, baton carrots, mashed or baby boiled potatoes Fresh fruit	Half day School closed at 12pm	
 Week 4 – 18/04/22	Easter holidays 				
 Week 5 – 25/04/22	Breaded fish fingers or spaghetti bolognaise, baked beans, medley of fresh vegetables, mashed potato Fresh fruit	Breast of chicken curry & rice or steak burger, naan bread, baton carrots, gravy, mashed potato, salad selection Jelly pot	Homemade chicken goujons or spicy chicken in a warm tortilla wrap, sweetcorn, hot pasta twists, mashed potato, salad selection Vanilla ice-cream	Roast chicken or roast beef, traditional stuffing, gravy, fresh baton carrots, mashed potato, broccoli florets, Chocolate Muffin	Hot dog or homemade Margherita pizza, peas, tossed salad, chips, mashed potato Flakemeal biscuit

**Menu choices subject to deliveries, Fresh fish may contain bones
Rice, pasta and gravy can be served daily**