

St. John the Baptist PS School Lunch Menu May 22



Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot

**If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form**

	Monday	Tuesday	Wednesday	Thursday	Friday
 Week 1 – 02/05/22		Homemade Margherita pizza or breast of chicken curry with boiled rice & naan bread, sweetcorn, pasta twists, salad selection, oven baked herb diced potato Fresh fruit selection	Fresh breaded fish goujons or chicken crumble, baked beans, garden peas, mashed potato, salad selection Jelly pot	Roast breast of chicken or savoury mince, traditional stuffing, gravy, cauliflower cheese, fresh diced carrots, oven baked roast potato Muffin	Chicken nuggets or chicken and cheese melt, sweetcorn, chips, baked potato, salad selection Ice-cream tub
 Week 2 – 09/05/22	Breaded fish fingers or pasta bolognaise, baked beans, garden peas, sweetcorn, mashed potato Flakemeal biscuit	Homemade salt & chilli or traditional chicken goujons, or Chicken & pasta, broccoli florets, mashed potato, salad selection Raspberry ripple ice-cream	Breast of chicken curry & rice or filled panini, naan bread, baton carrots, garden peas, oven baked herb diced potato, Fresh fruit selection	Roast Turkey or salmon fish cake, stuffing, gravy, fresh carrot, broccoli, Oven baked roast potato Jelly pot	Oven baked sausages or homemade lasagne, sweetcorn/peas, chips, mashed potato, salad selection Strawberry mousse
 Week 3 – 16/05/22	Roast breast of chicken or brown stew, stuffing, gravy, savoy cabbage, fresh baton carrots, oven baked roast potato Fresh fruit selection	Spaghetti bolognaise or fresh breaded fish fillets, broccoli & cauliflower florets, mashed potato Jelly pot	Breast of chicken curry with boiled rice & naan bread or oven baked sausage, baton carrots, garden peas, gravy, mashed potato Chocolate muffin	Homemade salt & chilli or traditional chicken goujons, or chicken tortilla wraps, baked beans, roast vegetables, salad selection, oven baked herb diced potato Flakemeal biscuit	Homemade Margherita pizza or breaded fish fingers, sweetcorn, traditional champ, chips, salad selection Ice-cream tub
 Week 4 – 23/05/22	Breast of chicken curry & rice, naan bread or steak burger, baton carrots, gravy, mashed potato, salad selection Fresh fruit selection	Breaded fish fingers or spaghetti bolognaise, baked beans, medley of fresh vegetables, mashed potato Jelly pot	Homemade breaded chicken goujons or spicy chicken in a warm tortilla wrap, sweetcorn, hot pasta twists, oven baked herb diced potato, salad selection Vanilla ice-cream	Roast chicken or roast beef, traditional stuffing, gravy, fresh baton carrots, oven baked roast potato Chocolate Muffin	Hot dog or homemade Margherita pizza, peas, tossed salad, chips, mashed potato Flakemeal biscuit
 Week 5 – 30/05/22	Steak burger or pasta twists with homemade tomato sauce and sliced chicken, gravy, broccoli florets, fresh carrot batons, mashed potato Shortbread biscuit	Homemade Margherita pizza or breast of chicken curry with boiled rice & naan bread, sweetcorn, pasta twists, salad selection, oven baked herb diced potato Fresh fruit selection	Fresh breaded fish goujons or chicken crumble, baked beans, garden peas, mashed potato, salad selection Jelly pot		

**Menu choices subject to deliveries, Fresh fish may contain bones
Rice, pasta and gravy can be served daily**