






# St. John the Baptist PS School Lunch Menu June 22



*Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily*

*Salad Selection  
Rice Salad,  
Coleslaw  
Sweet Chilli Pasta  
Tossed Salad  
Lettuce, Cherry  
Tomato  
Grated Carrots  
Cucumber  
Diced Red Peppers  
Red Onion  
Radish  
Beetroot*

*If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form*

	Monday	Tuesday	Wednesday	Thursday	Friday
 <b>Week 1 – 06/06/22</b>	Breaded fish fingers or pasta bolognaise, baked beans, garden peas, sweetcorn, mashed potato  Flakemeal biscuit	Homemade salt & chilli or traditional chicken goujons, or Chicken & pasta, broccoli florets, mashed potato, salad selection Raspberry ripple ice-cream	Breast of chicken curry & rice or filled panini, naan bread, baton carrots, garden peas, oven baked herb diced potato,  Fresh fruit selection	Roast Turkey or salmon fish cake, stuffing, gravy, fresh carrot, broccoli, Oven baked roast potato Jelly pot	Oven baked sausages or homemade lasagne, sweetcorn/peas, chips, mashed potato, salad selection  Strawberry mousse
 <b>Week 2 – 13/06/22</b>	Roast breast of chicken or brown stew, stuffing, gravy, savoy cabbage, fresh baton carrots, oven baked roast potato  Fresh fruit selection	Spaghetti bolognaise or fresh breaded fish fillets, broccoli & cauliflower florets, mashed potato  Jelly pot	Breast of chicken curry with boiled rice & naan bread or oven baked sausage, baton carrots, garden peas, gravy, mashed potato Chocolate muffin	Homemade salt & chilli or traditional chicken goujons, or chicken tortilla wraps, baked beans, roast vegetables, salad selection, oven baked herb diced potato Flakemeal biscuit	Homemade Margherita pizza or breaded fish fingers, sweetcorn, traditional champ, chips, salad selection  Ice-cream tub
 <b>Week 3 – 20/06/22</b>	Breast of chicken curry & rice, naan bread or steak burger, baton carrots, gravy, mashed potato, salad selection Fresh fruit selection	Breaded fish fingers or spaghetti bolognaise, baked beans, medley of fresh vegetables, mashed potato Jelly pot	Homemade breaded chicken goujons or spicy chicken in a warm tortilla wrap, sweetcorn, hot pasta twists, oven baked herb diced potato, salad selection Vanilla ice-cream	Roast chicken or roast beef, traditional stuffing, gravy, fresh baton carrots, oven baked roast potato Chocolate Muffin	Hot dog or homemade Margherita pizza, peas, tossed salad, chips, mashed potato  Flakemeal biscuit
 <b>Week 4 – 27/06/22</b>	Steak burger or pasta twists with homemade tomato sauce and sliced chicken, gravy, broccoli florets, fresh carrot batons, mashed potato Shortbread biscuit	Homemade Margherita pizza or breast of chicken curry with boiled rice & naan bread, sweetcorn, pasta twists, salad selection, oven baked herb diced potato Fresh fruit selection	Fresh breaded fish goujons or chicken crumble, baked beans, garden peas, mashed potato, salad selection  Jelly pot	<div>Home at 12pm</div>	
 <b>Week 5 –</b>					

Menu choices subject to deliveries, Fresh fish may contain bones  
Rice, pasta and gravy can be served daily

