










ST John the Baptist PS School Lunch Menu May 23



Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot

**If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form**

	Monday	Tuesday	Wednesday	Thursday	Friday
 Week 1 – 01/05/23		Homemade beef mince pie or steak burger, gravy, mashed potatoes, peas, carrots Homemade Jam & Coconut cake & custard	Chicken curry & naan bread or golden crumbed fish fillet, mashed potato, boiled rice, garden peas Chocolate Rice Krispie square and fruit piece	Roast turkey with stuffing and gravy or sausage and bean pie, mash and roast potatoes, carrots Ice-cream slider and fruit piece	Homemade pepperoni or magherita pizza or homemade beef lasagne Chips, pasta spirals, salad, coleslaw Homemade shortbread and fruit
 Week 2 – 08/05/23		Homemade chicken curry with naan bread or oven baked fish fingers, mashed potato, boiled rice, spaghetti hoops, sweetcorn Homemade brownie & fruit	Homemade pepperoni or magherita pizza, or beef chilli with garlic bread slice Golden fried diced potato, boiled rice, sweetcorn Ice-cream jelly & peaches	Roast gammon with stuffing & gravy or sweet chilli chicken loaded jacket potato, mash & roast potatoes, carrot & parsnips Zesty orange sponge & chocolate sauce	Hot dog & homemade soup or chicken wrap, tossed salad, Strawberry milkshake & flakemeal biscuit
 Week 3 – 15/05/23	Oven baked chicken goujons or pasta spirals in a rich tomato & pesto sauce with garlic bread slice, golden diced potato, baked beans, sweetcorn Vanilla artichoke roll & two fruits	Homemade chicken pie or oven baked fish fingers, chips, garden peas, coleslaw Homemade shortbread biscuit and fruit	Oven baked pork sausages or chicken curry & naan bread, mashed potato, boiled rice, carrots, sweetcorn Sticky toffee pudding & custard	Roast chicken fillet with stuffing & gravy or ham & cheese loaded jacket potato, salad, mash and roast potatoes, carrots, broccoli Ice-cream slider & fruit piece	Chicken burger & salad, homemade pepperoni or magherita pizza slice, chips. Baked beans, coleslaw Banoffee pie
 Week 4 – 22/05/23	Golden Crumbed Fish Fillet or Mac & cheese with garlic bread slice, chips or mashed potato, beans or garden peas Homemade Ginger biscuit	Homemade beef bolognaise or chicken pie, mashed potato or ½ baked potato, sweetcorn/coleslaw Ice-cream & jelly	Southern spiced chicken wrap or homemade chicken curry & naan bread, boiled rice, potato wedges, tossed salad, peas Chocolate sponge & custard and pears	Roast gammon with stuffing, gravy or cheesy bean loaded jacket potato, mash & roast potatoes, carrots, broccoli, Strawberry mousse or rice pudding, chilled/hot with fruit	Hotdog or sweet chilli chicken panini, chips, pasta swirls, tossed salad, coleslaw Milkshake & flakemeal biscuit
 Week 5 – 29/05/23			Chicken curry & naan bread or golden crumbed fish fillet, mashed potato, boiled rice, garden peas Chocolate Rice Krispie square and fruit piece	Roast turkey with stuffing and gravy or sausage and bean pie, mash and roast potatoes, carrots Ice-cream slider and fruit piece	Homemade pepperoni or magherita pizza or homemade beef lasagne Chips, pasta spirals, salad, coleslaw Homemade shortbread and fruit

Menu choices subject to deliveries, Fresh fish may contain bones
Rice, pasta and gravy can be served daily